

Family Talk – Pursue Relationship with Jesus

READ TOGETHER

1 Thessalonians 5:16-18

1. When should we give thanks? What should we be thankful for?
2. What or who do you find yourself praying for over and over again?
3. What are ways we can increase our joy?

LIVE IT

Joy, prayer, and thanksgiving are medicine for our souls. They are feelings that bring healing.

As a family list five things that make you thankful.

Then make your Christmas lists and as you add each item ask “Will this help me be more thankful in the coming year? Why or why not?”

*Many families write their *Thankful lists* on tablecloths or paper and save them for next year.*

LEAN ON GOD

Dear God,

Help us be joyful and thankful at all times. When we aren't, show us something that makes us thankful. Help us to be the most joy filled, praying, and thankful people around.

Amen.